



ASSUMPTION CONVENT SCHOOL

SPORT SCHOLARSHIP POLICY DOCUMENT FOR GRADES 8 2026

Aim: To enhance our schools sporting competitiveness, whilst providing opportunity for talented individuals to attend a world class faith-based South African school.

A) Sporting codes

- Swimming
- Tennis
- Rowing (only offered from grade 9)
- Hockey
- Netball
- Soccer
- Athletics

Assumption Convent School invites talented sportswomen, preferably all-rounders, to apply for a limited number of Sport Scholarships for grade 8 2026. Scholarships are awarded on the condition that the recipient will at all times honour the Vision, Mission Statement and Values of the School.

The winner of the scholarship must undertake to represent our School for the duration of her time at ACS unless injured. Successful candidates are awarded a discount on fees.

Scholarships will be reviewed on a yearly basis. They will be renewed provided the recipient has a record of good behaviour and remains committed in both her sport and her academics.

Minimum criteria:

Scholarships are only offered in sports that are offered at ACS.

Scholarships may be granted to applicants who demonstrate outstanding sporting ability by meeting the following minimum criteria:

- ❖ Applicants must have competed at provincial/regional level, or the equivalent thereof, in an Assumption niche sport: Hockey, Netball, Soccer, Swimming, Rowing, Athletics and Tennis
- ❖ Applicants must present themselves as positive role models to fellow students in all sporting programs.
- ❖ Applicants must offer evidence of current in-school and out of school sporting achievements. All achievements must be listed, and documentary evidence

must be uploaded with the application. For example, a photocopy of certificates, citations and medals.

- ❖ A candidate must be academically sound.

An ability and willingness to participate in a cultural activity will be an advantage

Sports Specific guidelines

1) Swimming

Level 2 (Age group) – according to current Swimming South Africa times.

Level 3 (Age group) – according to current Swimming South Africa times.

Take part in all school galas.

Take part in all agreed-upon training sessions.

2) Tennis

A/B Team Provincial tennis team player.

Provincial Ranking/National Ranking

Available for all School Matches and Festivals unless required at provincial or national tournaments.

Take part in all training sessions.

3) Rowing (only offered to pupils from grade 9)

Row at Gauteng and SA Champs in an A final – sculling

Finish top 4 at Gauteng and SA Champs - double

Include a competitive Ergo time according to age group levels.

U14-U15 a minimum 1km ergo score of 4min 10sec.

U16 a minimum 2km score of 8mins 20secs

Take part in all regattas.

Take part in all training sessions.

4) Hockey

Provincial A/B team player for Southern Gauteng Age Group Hockey.

Provincial A Team Eastern Gauteng Age Group Hockey player.

Must play for a local hockey club from March until September.

Provincial Indoor hockey is an asset.

Play all school matches and festivals.

Attend all training sessions.

5) Netball

Provincial indoor player

Minimum of round 2 at GSS trials.

Play all school matches and festivals.

Attend all training sessions.

6) Soccer

Soccer club player in a high league.

Attend school training sessions.
Play all matches and festivals for the school.
JvW league player
Area/provincial age group side.

7) Athletics

Take part in all school meets
Run minimum electronic times for each event;

100m	12 secs
200m	26 secs
400m	64 secs
800m	2 mins 10 secs
1500m	4 mins 45 secs
High Jump	1m 55cm minimum
Long Jump	5m minimum

Short-listed candidates will be invited to attend an interview with the Head of High School and the Head of Sport. Attending such an interview will not constitute an offer of a scholarship.

The Scholarship Committee will exercise its prerogative, and where deemed appropriate, may deviate from the above guidelines in this policy. The decisions of the Scholarship Committee in awarding the scholarships will be final and no correspondence will be entered into.



Anthea Weinerlein
Principal